



ขนาดตัวมาตรฐานคนไทย (THAI STANDARD BODY SIZES)

โดย

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คณะเทคโนโลยีคหกรรมศาสตร์

มหาวิทยาลัยเทคโนโลยีราชมงคลธัญบุรี

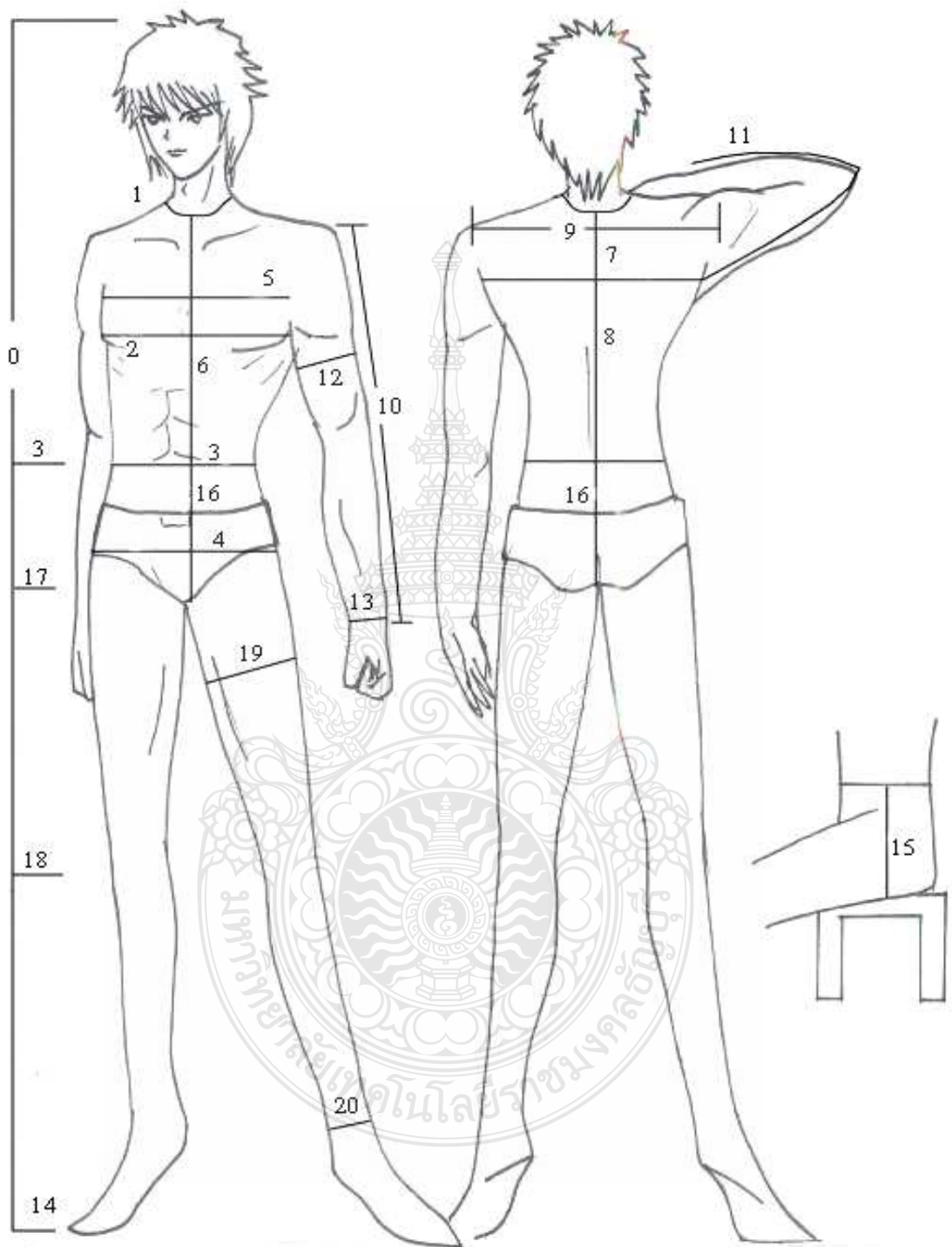


Figure 1 Thai Men Standard Sizes

Table 1 Thai Men Standard Sizes

NO.	Body Description	XXS	XS	S	M	L	XL	XXL	Grade
1	Neck girth	37.00	38.00	39.00	40.00	41.00	42.00	43.00	1.00
2	Bust	81.00	84.00	87.00	90.00	93.00	96.00	99.00	3.00
3	Waist	73.00	76.00	79.00	82.00	85.00	88.00	91.00	3.00
4	Hip	84.00	87.00	90.00	93.00	96.00	99.00	102.00	3.00
5	Chest width	35.00	36.00	37.00	38.00	39.00	40.00	41.00	1.00
6	Front waist length	42.00	43.00	44.00	45.00	46.00	47.00	48.00	1.00
7	Back width	36.00	37.00	38.00	39.00	40.00	41.00	42.00	1.00
8	Center back length	46.00	47.00	48.00	49.00	50.00	51.00	52.00	1.00
9	Shoulder length	37.00	38.00	39.00	40.00	41.00	42.00	43.00	1.00
10	Arm length	62.00	63.00	64.00	65.00	66.00	67.00	68.00	1.00
11	Center back neck to wrist	76.00	77.00	78.00	79.00	80.00	81.00	82.00	1.00
12	Upper arm	30.00	31.00	32.00	33.00	34.00	35.00	36.00	1.00
13	Wrist	15.50	16.00	16.50	17.00	17.50	18.00	18.50	0.50
14	Waist to feet	95.50	97.00	98.50	100.00	101.50	103.00	104.50	1.50
15	Crotch depth	17.00	18.00	19.00	20.00	21.00	22.00	23.00	1.00
16	Crotch length	60.00	61.00	62.00	63.00	64.00	65.00	66.00	1.00
17	Crotch to soles of feet	76.00	77.00	78.00	79.00	80.00	81.00	82.00	1.00
18	Waist length to knee	53.00	54.00	55.00	56.00	57.00	58.00	59.00	1.00
19	Thigh	53.00	55.00	57.00	59.00	61.00	63.00	65.00	2.00
20	Ankle	20.50	21.00	21.50	22.00	22.50	23.00	23.50	0.50

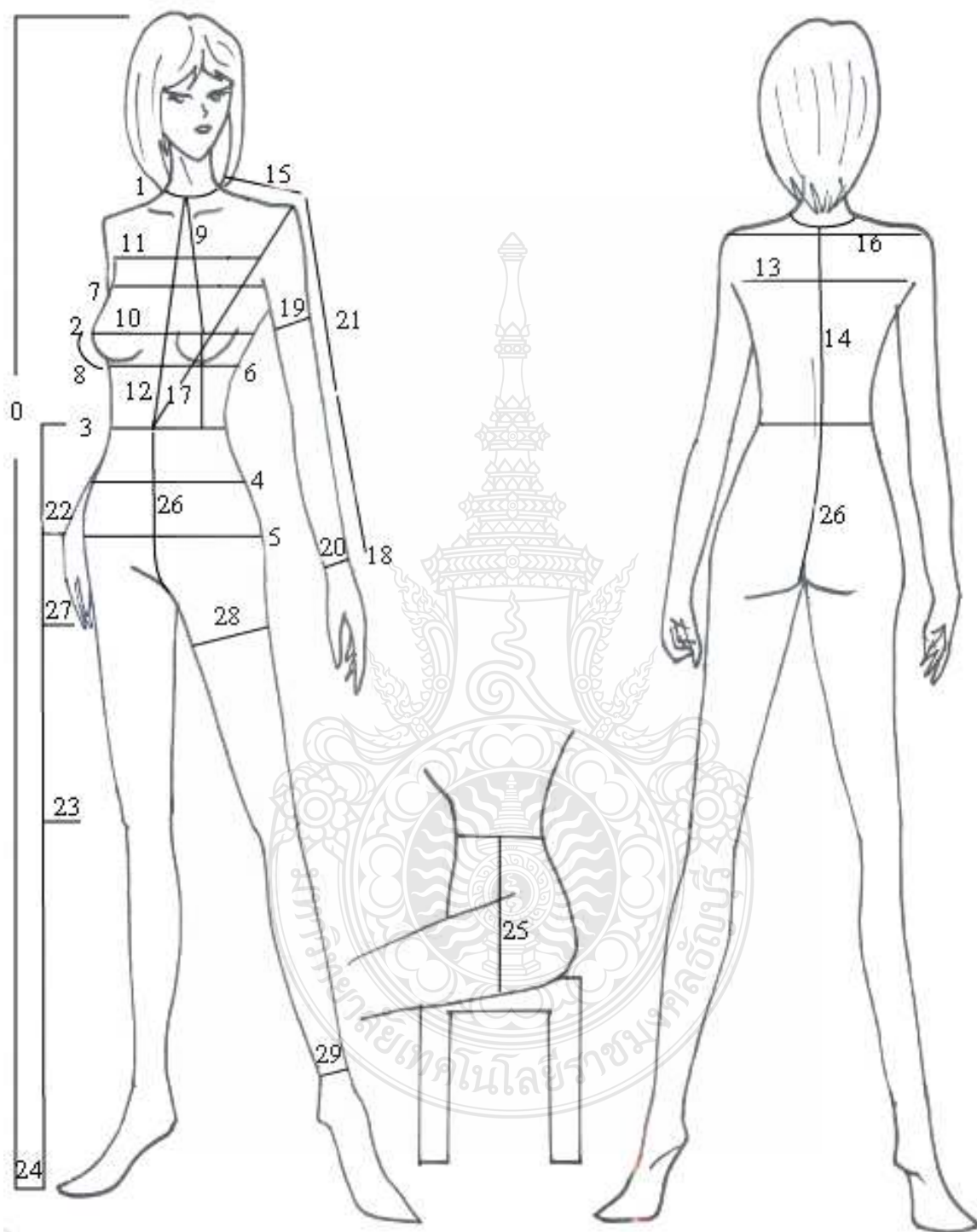


Figure 2 Thai Women Sizes Standard

Table 2 Thai Women Sizes Standard

NO.	Body Description	XXS	XS	S	M	L	XL	XXL	Grade
1	Neck girth	34.00	35.00	36.00	37.00	38.00	39.00	40.00	1.00
2	Bust	78.00	81.00	84.00	87.00	90.00	93.00	96.00	3.00
3	Waist	62.00	65.00	68.00	71.00	74.00	77.00	80.00	3.00
4	Abdomen	79.00	82.00	85.00	88.00	91.00	94.00	97.00	3.00
5	Hip	85.00	88.00	91.00	94.00	97.00	100.00	103.00	3.00
6	Chest circumference	67.00	69.00	72.00	74.00	76.00	79.00	82.00	2.00
7	Rib cage	75.00	77.00	80.00	82.00	84.00	87.00	90.00	2.00
8	Bust radius	5.50	6.00	6.50	7.00	7.50	8.00	9.00	0.50
9	Center neck to bust point	17.00	18.00	19.00	20.00	21.00	22.00	23.00	1.00
10	Bust point to bust point	17.00	18.00	19.00	20.00	21.00	22.00	23.00	1.00
11	Chest width	30.00	31.00	32.00	33.00	34.00	35.00	36.00	1.00
12	Front waist length	30.00	31.00	32.00	33.00	34.00	35.00	36.00	1.00
13	Back width	33.00	34.00	35.00	36.00	37.00	38.00	39.00	1.00
14	Center back length	36.00	37.00	38.00	39.00	40.00	41.00	42.00	1.00
15	Across Shoulder	11.00	11.00	11.50	12.00	13.00	14.00	15.00	1.00
16	Shoulder length	35.00	36.00	37.00	38.00	39.00	40.00	41.00	1.00
17	Shoulder Slope	76.50	77.00	77.50	78.00	78.50	79.00	79.50	0.50
18	Arm length	54.00	55.00	56.00	57.00	58.00	59.00	60.00	1.00
19	Upper arm	26.00	27.00	28.00	29.00	30.00	31.00	32.00	1.00
20	Wrist	13.50	14.00	14.50	15.00	15.50	16.00	16.50	0.50
21	Shoulder point to elbow	31.00	32.00	33.00	34.00	35.00	36.00	37.00	1.00
22	Waist length to hip	20.00	21.00	21.50	22.00	22.50	23.00	23.50	0.50
23	Waist length to knee	55.00	56.00	57.00	58.00	59.00	60.00	61.00	1.00
24	Waist to floor	98.00	99.00	100.0	101.00	102.0	103.0	104.0	1.00
25	Crotch depth	24.50	25.00	25.50	26.00	26.50	27.00	27.50	0.50
26	Crotch length	67.00	68.00	69.00	70.00	71.00	72.00	73.00	1.00
27	Crotch to soles of feet	71.00	71.00	72.00	73.00	74.00	75.00	76.00	1.00
28	Thigh	49.00	51.00	53.00	55.00	57.00	59.00	61.00	2.00
29	Ankle	19.50	20.00	20.50	21.00	21.50	22.00	23.50	0.50